

KOREAN TOUR

2010

TAEKWONDO - HABGIDO – GUMDO

JULY 23, 2010 (FRIDAY)

Through

July 31, 2010 (SATURDAY)

For Information, please contact us at:
Hong's USA Taekwondo Habgido Gumdo, Inc.

1118 Ontario Road, Niles, MI 49120 USA

Phone #269-687-5000

www.hongsusataekwondo.com

www.uantu.org

KOREAN TOUR 2010

Join Hong's USA Taekwondo Habgido Gumdo and the Universal American National Taekwondo Habgido Gumdo Union from July 23rd (Friday) thru July 31, 2010 (Saturday) for eight (8) days of training and sightseeing in South Korea, the homeland of Taekwondo.

Throughout the entire trip you will experience firsthand the many marvels of the Korean cultural. The first two days will be spent in the city of Busan, working out with Grandmaster Lee Byung-Chae, a 9th Degree Black Belt and some of his instructors & students.

We will then spend a couple of days at the city of Andong, on the coast of South Korea. Andong is a spectacular coastal resort town. We will work-out on the beach and tour the city.

We will return to Seoul and tour the city and the many local shops. Because your money can go a long way, you can return with many souvenirs at bargain prices, so practice your haggling! You will then have an opportunity to test for your next color belt or for your next black belt degree (up to 8th degree black belt in Taekwondo, Habgido, and/or Gumdo) in front of Korean Grandmasters, such as Grandmaster Lee Byung-Chae. Whoever is going to South Korea, will receive World Muye Federation, and World Taekwondo Federation (WTF), Kukkiwon Korea Taekwondo, Habgido, and Gumdo citations/diplomas.

The cost of the tour is \$2,995.00. this includes airfare, food, and accommodations. It does **not** include the fees for guided tours, testing, or spending money (or anything else that may come up). Please let us know right away the name of the airport closest to you so that we can arrange your airline reservation. The cost of your individual ticket may vary because of what airport you will be departing from.

The **deadline for the tour sign-up is January 30, 2010 (Saturday)**. See the application form or www.uantu.org for details.

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Exact times of departures & arrivals will be given closer to the Tour dates.

**The Itinerary's schedule of events & event times are subject to change. **

<u>DAY</u>	<u>LOCATION</u>	<u>ITINERARY DETAILS</u>
July 23 rd Fri	USA	Depart from O'Hare International Airport, Chicago, IL Or your nearest airport.
July 24 th Sat	Incheon, South Korea	4:50pm: (approx) Arrive at the Incheon International Airport. Grandmaster Lee Byung-Chae, along with a host of other traditional masters, will be meeting us at the airport. We will then board the bus and begin the five (5) hour trip to Busan, which is on the coast. At Busan we will check into the hotel and then have the rest of the evening free to sightsee or relax.
July 25 th Sun	Busan	5:30am: Wakeup call for a morning workout. 6:00am: Meet in front of hotel with uniform on for a one hour run/workout on the beach/ocean. 7:00am – 8:00am: <u>Breakfast</u> 8:30am: Meet at the front of the Hotel in civilian clothes (bring uniforms if you wish for pictures of yourself in at Korean Landmarks.) We then visit the Tongdosa Temple in Busan, and other Korean landmarks if there is time before lunch. 12:00pm – 1:00pm <u>Lunch</u> Sightseeing: After lunch, we will visit the Jagalchi Fish Market, International Market and a tour of the city including Taejongdae Mountain. 6:00pm – 7:00pm <u>Dinner</u> 7:00pm: There will be free time after dinner for you to

rest or to tour the city on your own.

July 26th Mon

Busan

5:30am: Wakeup call for a morning workout

6:00am: Meet in front of hotel with uniform on for a one
Hour run/workout on the beach/ocean.

7:00am – 8:00am: Breakfast

8:30am: Meet in front of the Hotel with all of your
belongings. We will then be heading to Gyeongju.

Sightseeing: Sights of Gyeongju City include Tumuli Park,
Anapji Pond, and Cheoseongdae.

12:00pm – 1:00pm: Lunch

Sightseeing: After lunch, we will visit the historical places

Of Bulguksa Temple, Seokguran Grotto, King

Munmu's Water Tomb (Bring your uniforms for pictures
of yourself, if you wish).

6:00pm – 7:00pm: Dinner

7:00pm: There will be free time after dinner for you to
rest or to tour the city on your own.

July 27th Tues

Busan/Andong

5:30am: Wakeup call

6:00am – 7:00am: Meet in front of hotel with all of your
belongings, check out and place bags on the bus.

7:00am – 8:00am: Breakfast

8:30am: Meet at the front of the hotel then onto the bus

to go to the city of Andong (the city where Mrs. Hong
grew up). Andong is a treasure trove of Confucianism,
traditional, and one of the last living vestiges of Old
Korea. Queen Elisabeth II visited Andong in April 1999
during her four day state visit to Korea in celebration of
her 73rd Birthday.

12:00pm – 1:00pm: Lunch and Hotel check in.

1:30pm: Meet at the front of the Hotel for a trip to the

DMZ (Demilitarized Zone) – more than 57 years

have passed since the outbreak of the Korean War and the drawing of the 155 mil cease fire line from the East Sea to the Yellow Sea that created the Demilitarized Zone. Symbolizing both war and peace, the DMZ is a place where time has come to a stop. Today it is a haven for rare animals, birds, and plants in one of the few places where nature remains undisturbed.

Driving to Seoul: After seeing the DMZ, we will load the

bus and head for the River Park Hotel in Seoul. After arriving, we will check in and then have dinner. The evening will be free for local sightseeing.

July 28th Wed

Seoul

5:30am: Wakeup call

6:00am: Meet in front of the Hotel with uniform on for a one hour run/workout on top of Yangwha Mountain.

7:00am – 8:00am: Breakfast

8:30am: We will visit the World Taekwondo Federation

(WTF) Headquarters. We will receive citations from the WTF Secretary General or WTF President.

12:00pm – 1:00pm: Lunch

1:30pm – 4:00pm: After lunch, we will visit the Kukkiwon

World Headquarters. The UANTHGU USA Team will workout at the Kukkiwon world Headquarters. After the workout, we will receive Diplomas from Kukkiwon.

4:30pm: After the workout, we will shop for souvenirs at

the Nam Dae Moon Market. This Market is made

up of many individual shops that display their good at street level & in their basements. You will have the opportunity to exchange U.S. Dollars for the Korean Won. Most of the shop owners will know some of the English Language (Nam Dae Moon Market is close to the U.S. Military Base). Haggling for a great deal on goods & souvenirs is encouraged, so you should practice. By doing so, you can stretch your spending money a long way! If there is time before dinner, we will visit Nam

Sam Tower. This is an observation tower, from which you can see the whole city of Seoul!!

Dinner: We will have dinner after we are done shopping.

After dinner, we will return to the River Park Hotel. The rest of the evening will be for free time.

July 29th Thu

Seoul

5:30am: Wakeup call

6:00am – 7:00am: Morning Habgido workout on top of Yangwha Mountain.

7:00am – 8:00am: Breakfast at the River Park Hotel.

8:30am: Meet in front of the Hotel with uniform on. We will then travel to a Gumdo Practice Field and practice cutting with real swords.

12:00pm – 1:00pm: Lunch – We will be having Lunch at the Gumdo Cutting Field.

1:30pm – 4:00pm: We will then take a bus to visit the Leera High School. They produced many World Taekwondo Federation World Champions in Taekwondo Sparring (Olympic Gold Medallists). The UANTHGU USA Team will workout with them. You can exchange gifts with them, if you wish. It is optional.

5:00pm – 6:00pm: Dinner with WTHGU President:

Chongjaenim Jang Soon-Deog and President of the UTHGU: Grandmaster Lee Byung-Chae. After dinner we will return to the Hotel and the rest of the evening will be free time.

July 30th Fri

Seoul

5:30am: Wakeup call

6:00am – 7:00am: The morning workout will be at Heung

Ryong Taekwondo Habgido Gumdo Academy. The workout will focus on practicing for Belt Testing that day. Contact the UANTHGU at www.uantu.org for more information.

7:30am – 8:30am: Breakfast at the River Park Hotel.

8:50am: After breakfast, we will meet our front of the

Hotel to go to the World Universal Taekwondo

Habgido Gumdo Center (World Muye Federation), where individuals will have an opportunity to test for a color belt rank level. Approved individuals will also have the opportunity to test for your next Black Belt Degree up to 8th Degree Black Belt in Taekwondo, Habgido, and Gumdo. **You must have received approval for testing prior to arriving in Seoul, South Korea from the Universal American National Taekwondo Habgido Gumdo Union.** (If you have any questions regarding color or black belt testings during the Korean Tour, please contact the UANTHGU.

12:00pm – 1:00pm: Lunch

1:30pm: After Lunch, we will return to the River Park

Hotel to clean up & rest. There will be free time for sightseeing, if you wish.

5:00pm – 6:30pm: Dinner – We will have dinner at an

authentic Korean restaurant with WTHGU President: Chongjaenim Jang Soon-Deog and President of the UTHGU: Grandmaster Lee Byung-Chae. Following the dinner, there will be the presentation of citations and the belt ceremony. We will then enjoy a boat ride (at night) on the Han River with a magnificent view of the city of Seoul (if there is time). We will return to the River Park Hotel and the rest of the evening is available for free time.

July 31st Sat

Seoul/USA

6:30am: Wakeup call

7:00am – 8:00am: Breakfast

8:00am: After breakfast, we will take a bus to the

Incheon International Airport and return to the United States. We will arrive back at the **O'Hare International Airport** or the closest airport to you.

*Schedule of events/activities is subject to change. *

** Parents, who come with their children on the Korean Tour, (who do not want to watch the different workouts) activities can be arrange for you to do while your children are working out. Such Activities may include additional shopping time, and various sightseeing venues (downtown Seoul, museums, temples, etc.). **

*** You must bring your own, Taekwondo, Habgido, or Gumdo uniforms & belts for the workouts and for the color belt or black belt testings, if you wish to test in front of Grandmaster Lee Byung-Chae and other Korean Grandmasters. Please make sure you fill out the space on the application form about uniform size. You will receive a free UTHGU Uniform at the end of the Korean Tour. ***

APPLICATION FOR KOREAN TOUR JULY 23 – JULY 31, 2010

Legal Name (on passport): _____

LAST

FIRST

MIDDLE

Date of Birth (month/day/year): _____ SSN# _____

Male/Female (circle one) Nationality/Citizenship: _____

Address: _____

City: _____ State: _____

Zip/Postal Code: _____ County: _____

Home Phone#: _____ Work Phone#: _____

Cell Phone #: _____ Email Address: _____

Height _____ Weight _____ Uniform Size _____ Waist (inches) _____

Type of Uniform (please check one): TKD () HAB () GUM ()

Martial Arts School: _____ Rank/Style: _____

Instructor's Name: _____

School's Address: _____

School Phone#: _____ Email Address: _____

City: _____ State: _____ Zip/Postal Code: _____

A **NON-REUNDALBE** deposit of \$2,000.00 is due on or before Saturday, January 30, 2010. The balance of \$995.00 is due by Saturday, February 27, 2010. Payment must be in the form of cash, cashier's check, or money order payable to **GRANDMASTER S.P. HONG**. If you have any questions please call **(269) 687-5000**. If mailing in your Korean Tour application and the trip money, please mail to Grandmaster S.P. Hong at: **1118 Ontario Road, Niles, Michigan 49120 USA**.

**YOU ARE RESPONSIBLE FOR OBTAINING YOUR OWN PASSPORT!
ALLOW AMPLE TIME AS IT TAKES SIX WEEKS OR LONGER TO PROCESS!**

DISCLAIMER

As a voluntary participant on this Korean Tour, I waive any and all rights, claims, and liabilities against Hong's USA Taekwondo Habgido Gumdo, the UANTHGU, UANTU and its subsidiaries, in the event of bodily harm, or other circumstances that may occur during the trip. I signify that I will not hold Hong's USA Taekwondo Habgido Gumdo and the UANTHGU, UANTU responsible in any such event. Hong's USA Taekwondo Habgido Gumdo, UANTU and the UANTHGU are not responsible for lost, stolen, or damaged personal items. Anyone under the age of 18 years old must have their parent(s) or legal guardian(s) sign this release and application form.

Participant's Signature

Date

Signature of Parent or Guardian

Date